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### History of Post-Morrow

The Post-Morrow Foundation, Inc. is located in the Hamlet of Brookhaven, Suffolk County, New York. Its principal office is at 16 Bay Road, Brookhaven, NY 11719.

Conceived by Thomas and Elisabeth Post Morrow and established in 1969, the Foundation is dedicated to the preservation of the rural countryside character of the Hamlet and the surrounding areas. Through the acquisition of properties, either by gift or purchase, the Foundation seeks to establish a nature preserve and sanctuary for the benefit and enjoyment of the immediate community. The preservation of Beaver Dam Creek, where the Foundation owns over 100 acres, is a priority.

The Post and Morrow families

have had a long tradition of philanthropy in the community. James H. Post purchased the land along Carmans River, now known as Squassux Landing, which was later donated to the Brookhaven Village Association for use as a marina. The land upon which the Brookhaven gift. Elisabeth Post Morrow continued the tradition of her father by donating various gifts to community groups, mostly anonymously. It was the hope of the Morrows that this legacy be continued through the establishment of the Post-Morrow Foundation, Inc.

# Post-Morrow Foundation XEWSLETTER volume 13, number 1 Spring 2009

### FIRE ISLAND NATIONAL SEASHORE

"Seen from the air Fire Island looks fragile and isolated. Atlantic waves beat against its white beach. Gnarled trees embrace its barely visible homes. Then the island passes out of sight and Great South Bay dominates what you see." (Fire Island National Park Service, US Dept. of the Interior)

We are blessed by being just miles away from this beautiful barrier beach. This winter the Wilderness area was graced by a visit from the Snowy Owl (*Nyctea scandiaca*). The Post-Morrow Foundation invited Joe Zysman, President of the Fire Island Wilderness Committee to write the following article about the Wilderness area.

### The Fire Island Wilderness Area

Joe Zysman, President Fire Island Wilderness Committee

"East of Fire Island Inlet lies a summerland that is still frontier. The longest continuous reach of barrier, the natural breakwater between peaceful lagoons and the Atlantic, Fire Beach extends, mostly roadless, trackless, isolated, and alluring, for 25 miles to the Moriches Inlet... The beach has infinite solace for body and soul; it affords not only unusual charms of an unspoiled seashore, but also provides features so rare in our northern latitudes that they are in the nature of wonders."

continued on next page



The Snowy Owl, Old Inlet - Winter of 2009 Photo by Byron Young

# FIRE ISLAND NATIONAL SEASHORE continued

Thus wrote the noted ornithologist Robert Cushman Murphy on visiting Fire Island seventy-five years ago. At the time, although several vacation communities had already been established on it, the sentiment might well have applied to most of the island. Today, however, it can reasonably be considered to apply solely to the seven mile stretch in its eastern half, officially designated by Congress in 1980 as the "Otis Pike Fire Island High Dune Wilderness," so named in honor of the nine-term Suffolk County Congressman.

The area is bounded on the west by the National Park Service facility at Watch Hill, on the east by the Smith Point County Park, on the north by the Great South Bay, and on the south by the toe of the dunes fronting the Atlantic Ocean. The narrow bay to ocean tract owned by the Village of Bellport is excluded from wilderness status.

It is best known for its pristine beaches and high ocean-fronting dunes, some reaching 40 feet, and in part of the area there is a prominent line of secondary dunes. Beyond the beach and dunes, other natural pleasures await the adventurous visitor. The swale, as the area behind the dunes is known, contains a rich variety of flora, including beach heather, beach plum, bayberry, along with dense thickets of high shrubs, entangled with Virginia creeper and catbriar. Beyond the swale and secondary dunes are scattered groves of pine forest, offering further variety and welcome shade. Further north, stretching into the Great South Bay, narrow tidal creeks and wide coves interrupt several hundred acres of valuable salt marsh, carpeted by spartina grasses - perhaps the largest such area on Long Island.

Wildlife in the area is varied and abundant. In addition to hosting the largest population of white tailed deer on the island, it is home to populations of red fox, rabbit, muskrat, and meadow voles. Reptiles include the hog-nose snake, Fowler's toad, and the Eastern diamondback terrapin. The diverse natural communities of the area provide habitat for a large number of avian species, and over 300 have been recorded, as varied as the snowy owl and the seaside sparrow. Along with the rest of Fire Island, the



Photo by Byron Young

Wilderness Area is an important stopover for migrating birds along the Atlantic flyway, and it is a prime nesting area for the endangered piping plover.

All of the Wilderness Area lies within the Fire Island National Seashore, and is in turn part of the National Park System and governed by NPS regulations. It is also a unit of the National Wilderness Preservation System, created in 1964 by the Wilderness Act. On the signing of this landmark legislation, President Johnson memorialized its purpose with these words:

"If future generations are to remember us with gratitude rather than contempt, we must leave them something more than the miracles of technology. We must leave them a glimpse of the world as it was in the beginning, not just after we got through with it."

Lands or waters in wilderness areas must be entirely federally owned, and they are managed by one of the four federal land holding agencies: the Bureau of Land Management, U.S. Fish and Wildlife Service, U.S. Forest Service, and the National Park Service. There are over 750 separate units in the Wilderness System, in all but 5 states, and range in size from 5 acres to over 9 million acres. At just under 1400 acres, the Fire Island Wilderness is the smallest wilderness area managed by the Park Service, and is the only such area in New York State.

In the Act, wilderness is defined as an area "retaining its primeval character and influence, without permanent improvements or human habitation... and which generally appears to have been affected primarily by the forces of nature, with the imprint of man's work substantially unnoticeable...".

Once an area has been designated as wilderness, which requires an Act of Congress, the singular and overriding directive for its management is the preservation of its "wilderness character":

".... each agency administering any area designated as wilderness shall be responsible for preserving the wilderness character of the area and shall so administer such area for such other purposes for which it may have been established as to preserve its wilderness character."

In order to advance this key requirement, the Act then specifies strict prohibitions on the uses and activities permitted in such areas:

"...except as necessary to meet minimum requirements for the administration of the area for the purpose of the Act... there shall be no temporary road, no use of motor vehicles, motorized equipment or motorboats, no landing of aircraft, no other form of mechanical transport, and no structure or installation within any such area."



Wilderness areas are open to the public for a variety of uses. Access to the Fire Island Wilderness is available year round from the east at Smith Point, and seasonally on the west by ferry to Watch Hill or Davis Park, as well as by private boat to Old Inlet and several beaching spots on the Great South Bay. There is a hiking trail that runs the full length of the area, the remnant of an abandoned utility access route known as the "Burma Road," and occasional spur trails leading to the bay or ocean branch off from it. In past years, these trails have been kept open by continuous visitor use, however due to concern over the prevalence in the area of Lyme disease carrying ticks, fewer people are now venturing into it, leaving some sections of the trail overgrown with vegetation, and interfering with easy access.

Wilderness areas are also mandated by the Act to be able to provide visitors with "opportunities for solitude or a primitive and unconfined type of recreation." Overnight camping is a major recreational activity in the area, and in conformity with this provision, it is not constrained by fixed campsites, but it is limited in the number of campsites and campers in order to preserve the experience of solitude.

In the nearly thirty years since its designation, the Fire Island Wilderness Area has been well managed by the National Park Service and FINS. Private residence and NPS facilities that were in the area at the time of designation that were incompatible with wilderness

have long since been removed, and uses and activities inconsistent with wilderness provisions have ended. With the exception of the pre-existing minimal facility of Old Inlet and a small stretch of boardwalk at Smith Point, there are no structures and no boardwalks, permanent signs, or other installations in the area - a defining manifestation of its character. As a result, today the area is probably closer to its natural state than at almost any time in the last few centuries. That this condition exists at all in 2009 is a remarkable circumstance, all the more so as virtually the entire area is within 60 miles of Times Square.

# FIRE ISLAND NATIONAL SEASHORE continued

At this time, the National Park Service and FINS are in the midst of the process of revising the thirty year old General Management Plan (GMP) for the Seashore, in order to bring it up to date with conditions that have changed over the years. It is a complex process, involving public participation at several stages, and is not expected to be completed before 2010. As part of the process, a revision of the current Wilderness Management Plan will also be undertaken, and will govern the administration of this area for the next thirty years.

With this process the National Park
Service and FINS have been presented
with an auspicious opportunity to reaffirm

the viability of preserving part of a small barrier island in close proximity to a major urban area in a truly natural state. In their past administration of the area, NPS and FINS have demonstrated their ability to do that and it is to be hoped that they have the will and the foresight to continue to do so.

Part of the planning process includes an instruction to "determine the desired future conditions for each park unit....." In its planning for this Wilderness Area, the most appropriate realization of such conditions should



February - Looking to the Atlantic

be that thirty years hence, and beyond, the area shall have retained the same character as it does today, particularly its affording of unique opportunities for solitude and unconfined recreation, and the near total absence of permanent facilities or installations. Otherwise, we will have transmitted to future generations the affliction of "landscape amnesia" - the inability of our children or grandchildren to know or identify what a real wilderness is, because they will not have been able to actually see and experience it, since it will have ceased to exist.

# DENNIS PULESTON OSPREY FUND ·



The osprey cam was installed for the 2009 season on March 14. Unfortunately there were a number of major and minor problems encountered during the setup and installation of the camera and computer. The setup is definitely showing its age but we look forward to another successful season. The Ospreys babies have already hatched and the family is flourishing.

For another year we are grateful to the Gesso Foundation for its support of the Osprey Cam.

You can visit the osprey family on the web <a href="http://puleston.osprey.bnl.org/OspreyFund/2009/ospreycam.php">http://puleston.osprey.bnl.org/OspreyFund/2009/ospreycam.php</a>

### In Memoriam:

We are pleased to recognize those donors who gave in the name of Bob Ince. Bob worked at Brookhaven National Laboratories and lived in Brookhaven Hamlet. He died in 2008 at the age of 92 and is survived by his wife Trudy and two sons, Michael of Brookhaven and Peter who lives in Patchogue.

We would like to recognize those donors who remembered Mr. James Post Hubert of Glens Falls. He was the first of seven children born to Philip Arthur Hubert and Helen Post Hubert. He died in October of 2008. His grandfather was James H. Post, a local philanthropist who donated the land for the Brookhaven Free Library and for Squassux Landing.

We also received a gift in remembrance of Dorothy Scheibel, a long time resident of Brookhaven who is survived by her three children, Robert and Thomas and Michael of Brookhaven.

The Foundation is grateful to receive donations in recognition of individuals who have been a part of our community over the years. Those who wish may contact us at the Foundation to



remember a family member or friend by making a gift in their memory.



### IN MEMORIAM: BETTY PULESTON:

We were saddened by the recent death of Betty Wellington Puleston who has given so much to our community. The Puleston/Wellington family has long been a benefactor of the Hamlet. Recently the family placed much of their land in the Town of Brookhaven's

purchase of development rights program ensuring that there will continue to be open space in Brookhaven.

Nearly 40 years ago in 1970, Betty invited students from Bellport High School to use her recently acquired video cameras. Through the use of these cameras, students were able to create a dialogue among themselves and the rest of the community regarding the troubling racial incidents that had occurred at the school. 25 years later she and a friend, Lynne Jackson, with the assistance of her friend George Stony from the NYU film school edited this footage and invited several of the original student participants to comment on the effect these events had on their lives. This was made into the film "Race or Reason", which was featured recently at the Museum of Modern Art. Betty was passionately devoted to equality and understanding among all people.

During the 90's she also sponsored the Pumpkin Patch Players, a group of local students, who working with Debbie Mayo of the Stony Brook Theatre program, put on plays at the "Red Barn". These plays were an expression of joy and creativity that had a profound effect on the students who were involved.

In 1996 Betty worked with local residents to establish the Hamlet Organic Garden and donated the use of her family's property for the farm operation. The HOG serves over 150 families with fresh organic vegetables during the growing season and is a local community treasure.

After September 11, 2001, Betty invited a group of young refugees to her home here in Brookhaven, who were part of a project called "The Documentary Project for Refugee Youth". In the Hamlet they found a peaceful, hopeful place where they filmed some of their videos that helped them adjust to this country. As Raeshma Razvi, a partner in this project said of Betty, she lived the philosophy that says; "If there is anything you want to keep you have to share it". This gift of sharing her home with these young people was typical of Betty.

Betty had many other accomplishments but her lasting legacy has been as a loving member of our community. She threw an annual neighborhood Birthday party and each Sunday before Christmas she opened her house for the community to sing carols. She was ever generous with herself, her time and her home.

She was married to Dennis Puleston, the noted ornithologist and naturalist for over 60 years. People said that if you found a bird with a broken wing you would take it to Dennis. If you found a child with a broken heart you would take him to Betty.

We are grateful for Betty's support of the Post-Morrow Foundation and all that she has contributed to our beautiful Brookhaven Hamlet.

### THE HAMLET ORGANIC GARDEN

First, we want to acknowledge the Foundation's gratitude for the support of the Gesso Foundation for the Hamlet Organic Garden apprenticeship program.

We received two letters from the HOG this year that speak to the success of the CSA. Sean Pilger along with his wife Jill (and their new daughter, Ramona) are the farmers and operators of the Hamlet Organic Garden.

"The second year of our farmer training program has been a huge success. In addition to providing much needed labor for the farm, we are training a new crop of farmers to start their own CSAs in other communities.

Ezra was accepted as an apprentice at Hawthorne Valley Farm where she will be working next summer to continue her farmer education. Jamie is working towards starting his own small farm in Massachusetts! The CSA members also love meeting the new apprentices each year. Our apprentices have provided a noticeable improvement in the quality of the farm's produce, the condition of our fields, and the relationships we have with our CSA members.

We look forward to continuing this program in the years to come. Come visit us anytime and stay well. Thank you!"

Yours truly, Sean Pilger







Dahlias at the Farm

The second letter was written by one of the 2008 apprentices.

"I would like to extend my appreciation and gratitude for the opportunity to apprentice at Hamlet Organic Garden through this generous grant. I decided to pursue the internship with no previous farming experience and it has proven to be very worthwhile. There is such an overwhelming sense of satisfaction and simple reward when we work together to complete one task be it weeding the strawberries, planting dahlias, cleaning out the chicken coop, or setting up the tomato trellis. And it is so fulfilling to examine first hand what happens throughout the duration of the plant's growth from seed to fruition and harvest then distribution.

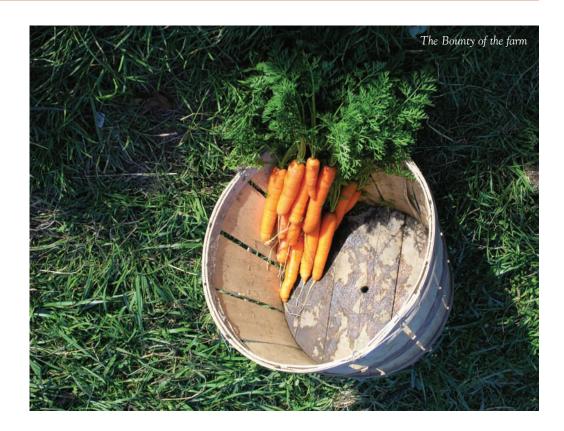
I really enjoy being a part of that relationship. There is something inherently profound in having the knowledge to sustain oneself by growing food locally and managing a healthy producing crop. But I also learned about controlling pests and what happens when full beds of winter squash or popcorn produce poorly. It is a continual learning experience.

I am fortunate to have been a part of Brookhaven Hamlet for a short while. The area is so beautiful that it made riding my bike home after a hard days work so relaxing. Thank you.

Regards, Ezra B. Arao"

The following is taken from the "Community Supported Agriculture Member Handbook"

"We take great pleasure in providing our members with fresh high quality produce..... CSA gives consumers the chance to choose how their food is grown. Eating locally grown, freshly harvested food is the basis of a healthy diet and is recommended by health-care professionals. CSA offers the opportunity for you to reconnect with rhythms of nature by eating produce when it is in season"





Councilwoman Connie Kepert, Sean Pilger, Supervisor Brian Foley and John Turner announcing the purchase of development rights on the Puleston property.

### A Sense of Wonder-

The Foundation would like to thank those individuals who supported our land conservation work this past summer by contributing to the program "A Sense of Wonder". This performance by the actress Kaiulani Lee was homage to the life and works of environmentalist Rachel Carson. Ms. Lee's performance, in Rachel Carson's own words, presented the challenge of preserving our natural environment. It was a moving and inspirational evening. We are particularly grateful to Katia Read, Isabella Rossellini and Patricia Trainor for organizing this wonderful benefit.

In *The Sense of Wonder*, published in 1956, Ms. Carson wrote "If I had influence with the good fairy who is supposed to preside over the christening of all children I should ask that her gift to each child in the world be a sense of wonder so indestructible that it would last throughout life, as an unfailing antidote against the boredom and disenchantments of later years, the sterile preoccupation with things that are artificial, the alienation from the sources of our strength."

She further noted, "There is something infinitely healing in

the repeated refrains of nature - the assurance that dawn comes after the night and spring after the winter..... Those who contemplate the beauty of the earth find reserves of strength that will endure as long as life lasts." From *The Sense of Wonder*, by Rachel L. Carson.



Upland Sandpiper (Bartramia longicauda) Painting by Dennis Puleston

You can find *The Edge* of the Sea, 1955 and Silent Spring, 1962 in

the Brookhaven Free Library, and order through interlibrary loan, *The Sea Around Us*, 1951 and *The Sense of Wonder*, 1956. *Always Rachel*, the letters of Rachel Carson and Dorothy Freeman is at the South Country Library.

### Thank you to these donors to A Sense of Wonder and to our land preservation fund.

Alweis, Robert & Tammy Antos, Jack & Barbara Apfel, Robert & Jai Imbrey Baris, Jay/ Carole Gould, Berman, Richard & Chantal Bleser, Edward & Carol Burr, Ben & Frances Calcagno, John Carmel, Kate

Carmel, Kate
Cooper, Paula
Cullen Brian &

Cullen, Brian & Mary Jane

Danziger family David, Regina

Davies, Alun & Nardozza Russel

Dennin, Steve & Anne Depaolo, Lillian Diamond, Jeremy

Dickensen, Matt & Maer Roshon

Everitt, John & Ginny Fleming, Kathy

Fletcher, Anna Lou & Frederick Friedman, Morton & Laurie Galligan, David & Deborah Glauberman, Lloyd & Nancy Graves, Anthony

Hamilton Hawkes, Mary

Hansen, Beth Hayes, Susie Healy, Leslie

Heitner, Michael & David Brown Ince, Michael & Zabby Scott Kapnek, Robert & Jessica Miller

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Ludlam, Tom Mahon, Dr. Brian McChesney, David & Jan Meinhold, Charles & Anne

Motl, Pete

Morley, Malcolm & Lida Morrissey, Maureen Murray, April O'Neil, Thad Parker, Angelika & Clyde

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Stieg, Dr. Philip

Stravinsky, John & Dava Tighe, Kelly plus one Tripp, James & Caroline

Van Lith, Marty Varney, Fred & Marna Wallace, Bruce & Linda Williams, Grahame & Gail

Williams, Tom

We would also like to thank the Agler-Rice Family Foundation for their generous gift to the Foundation for land preservation.

# BELLPORT BAY SAILING FOUNDATION:

The Post-Morrow Foundation is supporting an environmental education program for kids this summer being developed by the Bellport Bay Sailing Foundation. The two week summer day camp is called "Bellport Bay Environmental Explorers Camp". You can access an application for the camp at: bellportbaysf.org, then click on Environmental Camp.

The following information is taken from the brochure for the camp:

"Bellport Bay Sailing Foundation is proud to present this wonderful opportunity for youngsters currently in 4th and 5th grades. The Bellport Bay Environmental Explorers Camp will provide a fun, exciting and educational experience while focusing on Long Island's extraordinary marine environment and maritime heritage.

Through a variety of fun-filled field trips, and hands-on experiments, children will learn about our fascinating local marine environment while enjoying the great outdoors. We'll venture out to explore the unique marshes, beaches, and rivers of the Bellport Bay area.



Illustration taken from "Great Blue's Message: A Long Island Tidal Marsh Adventure", by Alexandra Mancuso, Illustrated by Brianna Lind, 2007

Outside activities may include fishing, crabbing, clamming, seafood cooking, water quality testing, scavenger hunts, seashell classification, dune investigation, seining, beach combing, hermit crab races, sand castle building, hiking, beach profiling, marine organism classification."

### Edgar Avenue ——

You may have noticed that we have been clearing some of the property along the east side of Edgar Avenue. This property includes approximately 11 acres of formerly farmed land that has become overgrown with invasive plants (wisteria, bittersweet, Russian olive, and mugwort to name a few) as well as some native species such as juniper and birch.

It is our hope to rehabilitate this area and transform it to a picturesque setting with a walking path and a demonstration of various plants and trees. It may take



several years to bring this area to the condition that we would like, but we think it will be an asset to the neighborhood. We have been talking with a local arborist and landscape architect who will be assisting us with the planning for the property.

We ask you for your assistance as well. We have noticed that there has been brush, leaf and debris disposal made on this property. If you see anyone putting such material on the property please let us know.

We've also seen some motorized vehicle intrusion on the property and again would ask that you let us know if you see such activity, since it can be noisy and destructive and is not permitted in that area.

Please let us know if you have any concerns or ideas for this property. We consider it a "work in progress" and hope that it will be a lovely spot for everyone to walk through and to enjoy grasses, plants, shrubs and trees and birds in a natural setting.

### OUR TROUBLED CREEK:

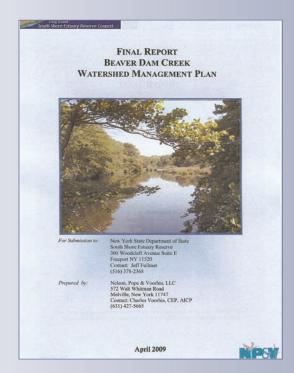
As our readers know, Beaver Dam Creek is of special interest to the Foundation. We have spent a great deal of time and resources to protect the Creek and improve it. We were therefore discouraged when the Health Department issued a study that indicated that its ecological health was severely compromised because of the leachate plume that had entered the Creek. This study confirmed what has been known since the 80's, namely that the leachate plume contains ammonia and volatile organic chemicals such as chlorobenzene. This plume has travelled southeast from the landfill into the Creek and is progressing towards the Carmans River.

The Foundation along with the Brookhaven Village Association has been meeting with the Town to assess this damage and has been advocating for improved monitoring along with a full report on the extent of the problem.

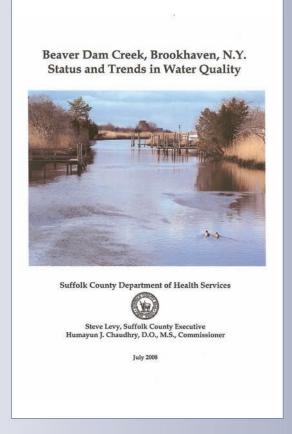
One of the first issues to be addressed is that of drinking water for the residents that may be affected by the plume. The Town and the County have attempted to locate any homes that are not hooked up to public water in the area in order to assure that everyone has safe drinking water. If you are not on public water in the Brookhaven/Southaven Hamlet area you should contact the Town. There is a plan to insure that everyone can be connected to public water who may be affected by this plume.

This May the South Shore Estuary Reserve has also issued a final draft of a Watershed Management plan for Beaver Dam Creek. Among a variety of issues such as Stormwater runoff, septic system concerns and barriers to fish travelling up the Creek, the Plan also addresses the leachate plume. It is our intention to issue a more complete report on the status of the Creek in a future Newsletter.

The Watershed Management Plan and the Suffolk County Health Department report can be reviewed in the South Country Library and the Brookhaven Library.



Beaver Dam Creek Watershed Management Plan South Shore Estuary Reserve, May 2009



A Report on the Water quality in Beaver Dam Creek Suffolk County Health Department, October 2008

Bellport High School's Students for Environmental Quality (SEQ) recently published The History of SEQ that relates the many accomplishments of this extraordinary high school club. This history project was funded by the South Country Education Foundation and was written by the students and the current SEO faculty advisor, Dan O'Connor.

SEQ has had a long productive relationship with the Post-Morrow

Foundation. In 1972 when the Carmans River Story was written by SEQ students Pamela Borg and Elizabeth Shreeve, it was Elizabeth Morrow who funded the publication of the book. This book was instrumental in designating Carmans River as a part of the State's Wild, Scenic and Recreational Rivers Act thus affording the River increased protection under the law. SEQ has assisted the Foundation in many ways to protect Beaver Dam Creek and the Brookhaven area. They recently assisted in documenting Stormwater drains to complete the work of the recently published Beaver Dam Creek Watershed Management Plan (South Shore Estuary Reserve, May 2009)

"In a recent club interview with SEQ's first chairman, Ron Rozsa (BHS '71), Rozsa related that SEQ's first accomplishment involved convincing the Dodge Dealership on East Patchogue's Swan Lake that it should correct its polluting of the lake with what, obviously, was used motor oil. That eventual success is further appreciated today, as the site of that Dodge Dealership is currently a Town of Brookhaven park." (Taken from the Introduction of The History of SEQ, January, 2009.)

The following is quoted from an article written by Neil Buffet of Stony Brook University that speaks to some of the special achievements of SEQ.

"As the programs and activities undertaken by the SEQ... illustrate, secondary school student environmentalism played a major role in the defense of various environments, particularly at the local level.

"As their achievements exemplify, SEQ members were instrumental in the grassroots environmental movement on Long Island, New York. An



Current SEQ students (President, Grace Healy on left) and current (Dan O'Connor third from right, back row) and former faculty advisors left to right, George Ruland, Marv Loewin, Tom Dunton, Superintendent of Schools, Ray Walsh and Principal, Nelson Briggs upon the release of the History of SEQ, April, 2009.

acknowledgement of their successful environmental activities is instructive, for it illustrates the contributions of high school student social and political activists in the movements of the 1960s and early 1970s. In the group's first four years, students consistently lobbied state representatives hoping to inspire legislation which would preserve key areas of their local, suburban environment. As illustrated in this essay, SEQ repeatedly proved that high school student action groups could be successful as political and social activists. From 1970 and 1974, SEQ members involved themselves in various environmental pursuits, most notably the protection of marine mammals and the inclusion of the Carmans River under New York State's Wild, Scenic and Recreational Rivers Act. Nevertheless, as Art Cooley noted, "they all graduate and then you have to get some new ones." With SEQ's first successes as a testament to the high school students' dedication, there was no need to fear that others would not lead the group into the future." (A River's Place: High School Student Activism and Environmental Protection

on Long Island, 1956-1974 By Neil P. Buffett)

We congratulate SEQ on this extraordinary milestone in their history.



Bellport High School, January 2009



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### **POSTAL PATRON**

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# WERTHEIM WILDLIFE REFUGE WELCOME CABIN -

The Post-Morrow Foundation is pleased to be a part of the installation of a "Welcome Cabin" on the Wertheim Refuge. This Welcome cabin planned and suggested by the Friends of Wertheim support group for the Refuge will allow a wide range of programming for children, youth and families on the grounds of the Refuge. Funding for the Cabin came from the Town of Brookhaven's Caithness



Community Benefit fund and was supplemented by the Post-Morrow Foundation, Kaufold's Country Sheds and Cabins and the Friends of Wertheim and Suffolk County.

According to Claire Goad, President of Friends of Wertheim, "The Cabin will help FOW to interact with refuge visitors and will provide the opportunity to reach out to audiences of all ages, including school groups and other youth groups. The year round space will allow FOW to hold nature related workshops and activities such as: craft activities, watercolor workshops, nature printing, bird box and feeder building, slide presentations and photography for small groups. The Cabin will be staffed by volunteers and enable residents to understand and experience this very important National Wildlife Refuge.

Welcome Cabin, courtesy of the Friends of Wertheim